

Sunday

	LR 1	LR 2	MR 1	MR 2	BR 1	BR 2
6:00 PM						
6:30 PM						
7:00 PM		The Amazing Race CBS 2/15		The Simpsons FOX 1/18		
7:30 PM						
8:00 PM	Desperate Housewives ABC 1/4			Family Guy FOX 1/18		
8:30 PM						
9:00 PM	Brothers & Sisters ABC 1/4		Flight of the Conchords HBO 1/18			
9:30 PM			East Bound and Down HBO 2/15			

Monday

	LR 1	LR 2	MR 1	MR 2	BR 1	BR 2
7:00 PM	The Big Bang Theory CBS 1/12	House FOX 1/19	Chuck NBC 2/2			
7:30 PM	How I Met Your Mother CBS 1/12					
8:00 PM	Two and a Half Men CBS 1/12	24 FOX 1/11-12	Heroes NBC 2/2			
8:30 PM	Worst Week CBS 1/12					
9:00 PM	Castle ABC 3/9					
9:30 PM						

Tuesday

	LR 1	LR 2	MR 1	MR 2	BR 1	BR 2
7:00 PM		American Idol FOX 1/13				
7:30 PM						
8:00 PM	The Mentalist CBS 1/6	Fringe FOX 1/20	Dirty Jobs DISC 1/6	Scrubs ABC 1/6		
8:30 PM				Scrubs ABC 1/6		
9:00 PM	nip/tuck FX 1/6					
9:30 PM						

Wednesday

	LR 1	LR 2	MR 1	MR 2	BR 1	BR 2
7:00 PM	American Idol FOX 1/14					
7:30 PM						
8:00 PM	Lost ABC 1/21	Criminal Minds CBS 1/14	Life NBC 2/4			
8:30 PM						
9:00 PM						
9:30 PM						

Thursday

	LR 1	LR 2	MR 1	MR 2	BR 1	BR 2
7:00 PM	Survivor CBS 2/12	My Name Is Earl NBC 1/8	Ugly Betty ABC 1/8			
7:30 PM						
8:00 PM	Grey's Anatomy ABC 1/8	The Office NBC 1/15	CSI CBS 1/15	Hell's Kitchen FOX 1/29		
8:30 PM		30 Rock NBC 1/8				
9:00 PM	Private Practice ABC 1/8	Harper's Island CBS 4/9	Eleventh Hour CBS 1/15	The Beast FX 1/15		
9:30 PM						

Friday

	LR 1	LR 2	MR 1	MR 2	BR 1	BR 2
7:00 PM			Terminator the Sarah Conner Chronicles FOX 2/13			
7:30 PM						
8:00 PM		Dollhouse FOX 2/13				
8:30 PM						
9:00 PM	Numb3rs CBS 1/9	Battlestar Galactica SCIFI 1/16				
9:30 PM						